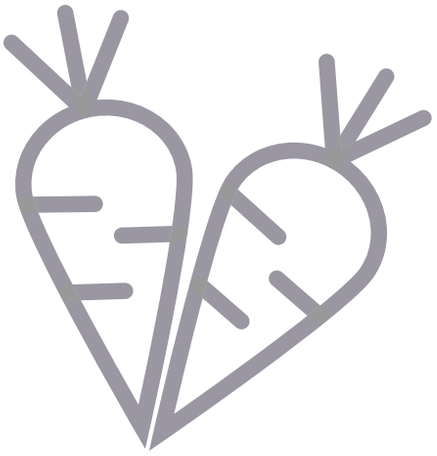


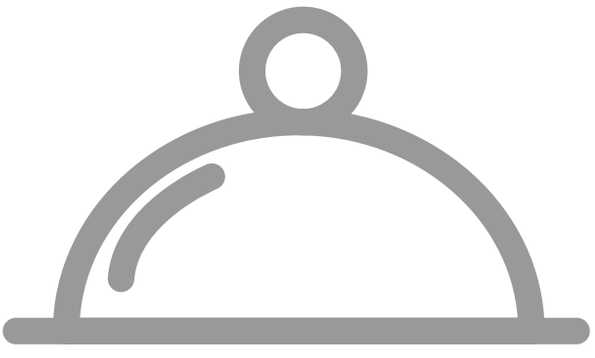
CHICKEN & CARROT PURÉE WITH BREAST MILK

INGREDIENTS

- 30 g chicken breast;
- 50 g carrots;
- 50 g potatoes;
- 80 ml breast milk.

METHOD

- Wash and peel the carrots and potatoes
- Cut the vegetables and chicken into small cubes
- Steam until cooked through
- Blend with the breast milk until smooth



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