

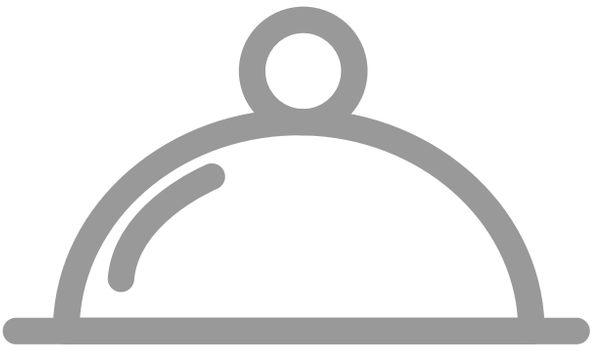
RICE PUDDING

INGREDIENTS

- 200 mL breast milk;
- 60 g cornflour (cornstarch);
- 60 g short-grain rice;

METHOD

- Partially cook the rice until it begins to soften
- Mix the cornflour with the breast milk
- Add the rice and cook over medium heat
- Stir regularly to prevent the mixture from boiling
- Remove from the heat once the rice is soft and tender



GLAMFORMUM